



Welbourn Preschool Illness and Exclusion Policy

“Welbourn Preschool is committed to safeguarding and promoting the welfare of children and adults at all times and expects everybody working within the setting to share this commitment”

The health and well-being of all the children, staff and parents/carers who attend Welbourn Preschool is of paramount importance to us. In order for us all to provide a clean and healthy environment it is important for us all to follow procedures, and we need your cooperation to support this;

- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the list below.
- If a child becomes ill or infectious at the setting, every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/carers during the settings hours. If the parent/carer cannot be contacted, setting staff will endeavour to contact the other names contacts on the child’s records.
- If the setting is unable to contact the parent/carer or other names contact, Welbourn Pre-School reserves the right to take the child to a general practitioner or hospital in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.

Notification of exposure to infectious diseases

Illness/Infectious Diseases	Period of Exclusion
Chicken pox/shingles	5 days after the onset of the rash as long as spots have scabbed over.
Conjunctivitis	None (if there is an outbreak we will consider attendance).
Diarrhoea and/or vomiting	Children and staff should be away from the setting until their symptoms have settled and until 48 hours after the last episode of diarrhoea or vomiting.
Glandular fever	There is no benefit in keeping children or staff off once they feel well enough to attend
Hand, foot and mouth	None, however, whilst the child is unwell he/she should be kept away from the setting

Head lice	None. Treatment is only required if live lice are seen in the hair (not eggs).
Hepatitis	Hep A - Until the child feels well or until 7 days after the onset of jaundice, whichever is the later Hep B - Children who develop symptoms will be too ill to be at the setting Hep C - Usually no symptoms but care must be taken with bodily fluids if a person is known to have Hepatitis C
HIV/Aids	Should not be restricted or excluded
Impetigo	Until 24 hours after the start of treatment. If there is an outbreak, stop the use of sand, water, playdough and cooking activities and wash all dressing up clothes. (An outbreak is 2 or more cases of the same infectious organism in a setting).
Measles, mumps and rubella	Measles - Yes, until 5 days after the onset of the rash. Mumps - The child should be excluded 5 days after the onset of swelling. Rubella - 6 days after onset of the rash, and whilst unwell.
Meningitis	Until recovered. (We will follow the instructions of the local Health Protection Unit)
Molluscum contagiosum	No exclusion
Pharyngitis/tonsillitis	If the disease is known to be caused by streptococcal (bacteria) infection the child or member of staff should be kept away from the setting until 24 hours after the start of treatment. Otherwise they should stay at home while they feel unwell.
Rashes	A child who is unwell and has a rash should visit their GP to establish the reason for it.
Ringworm (Tinea)	Until treatment has commenced. Spread can be prevented by good personal hygiene, regular hand washing and use of separate towels and toilet articles.
Scarlet fever/Scarletina	Child can return 24 hours after commencing appropriate antibiotic treatment
Slapped cheek syndrome (Erythema infectious/fifth disease)	Avoid contact with pregnant women. Advise that pregnant mothers contact their GP for advice if they have had contact with this infection. Follow good hygiene practice.
Scabies	Child can return after first treatment.
Typhoid, paratyphoid (enteric fever)	Yes, an infected child is likely to be very ill and whilst infectious unable to attend the setting until cleared free by GP.
Tuberculosis (TB)	'Open' cases - until 2 weeks after treatment started. 'Open' cases of drug resistant TB when the hospital physician advises. ('open' is determined by sputum samples).
Verrucae	None

Whooping cough (Pertussis)	48 hours from commencing antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment.
Worms	Not necessary

Please note this list is not exhaustive but contains the most common exclusions.

Parents should always seek advice from their GP or Accident and Emergency department regarding the specific symptoms of their child.

We will actively promote the use of the 'Catch it, Bin it, and Kill it' initiative to teach children about good hygiene practices by promoting:

- The use of tissues for coughs and colds
- Access to bins to dispose of used tissues
- Hand washing in warm soapy water as soon as possible, before eating, preparing food and after toileting.

Covid-19 (Coronavirus)

If any child presents with a temperature of 37.8 or above and/or a new and persistent cough (this means coughing a lot more than an hour, or 3 or more coughing episodes within a 24 hour period) parents/carers will be notified immediately and the child will be looked after by a member of staff until the parent/carer arrives. We request that parents/carers will be required to follow the government guidance on testing and self-isolating and children must remain away from the setting until a negative test result has been given.

Please refer to our Covid 19 Illness policy for further information on self-isolating time scales, but any child who has a member of their family or someone in their extended bubble diagnosed with Covid-19 will need to remain away from the setting for the self-isolating period. Any siblings attending the nursery will also need to be taken home and remain away until the self-isolating period has passed.

Head Injuries

If a child receives a significant bump to their head it is our policy to contact the parent/carer immediately, for the child to be taken home or to the hospital if thought necessary. This is so the child can be monitored closely for any side effects or concussion. All injuries are logged in our accident book and signed by parents/carers.

Notification of exposure to infectious diseases

If a child contracts any of the above infectious diseases, other parents will be informed by an emergency newsletter and information on the notice board.

If we have reason to believe that any child is suffering from a notifiable disease identified as such in the Public Health (Infectious Diseases) Regulations 2010, we will inform the East Midlands North Protection Team and Ofsted (EYFS requirement 3.49). We will act on any advice given by them and inform Ofsted of any action taken.

A list of notifiable diseases can be found at www.hpa.org.uk and is displayed on our parent's notice board alongside the HPA poster 'Guidance on Infection Control in Schools and other Childcare Settings'.

The East Midlands North Health Protection Team can be contacted on:-

East Midlands HPT

Public Health England

Seaton House

City Link

Nottingham

NG2 4LA

Telephone: 0344 2254 524 (option 1)

Out of hours advice: 0344 2254 524

This policy has been adopted by Welbourn Preschool

Signed on behalf of the setting by:

Chairperson

Secretary

Date:

Review Date:

October 2020

October 2021